

Objective

As a Family Nurse Practitioner, with a passion for preventive care, and experience as a cardiac intensive care nurse and higher education instructor, I' would like to focus my skills on under-served and under-insured communities.

Summary Of Qualifications

- Masters prepared Family Nurse Practitioner, 5 months as interim director of clinic
- Critical Care Nurse in a Medical ICU with 5 years of cardiovascular nursing experience
- Certified in BLS
- Educator of adult teacher trainees in Chemistry and Mathematics for 3 years
- Certified high school teacher of Math and Chemistry to students ages 15-20 for 10 years

Education

M.S.N. Family Nurse Practitioner, College of New Jersey, Ewing NJ	2011
<ul style="list-style-type: none">◦ Capstone project: Obesity in acute care	
A.D. Nursing, Mercer County Community College, West Windsor NJ	2006
<ul style="list-style-type: none">◦ Graduated Valedictorian, GPA 3.93/4.0	
Cert. in Clinical Research, Mercer County Community College, West Windsor NJ	2001
B.Sc. Chemistry, University of Glasgow, Scotland UK	1992
<ul style="list-style-type: none">◦ Graduated with Honors◦ Minor in Computer Applications	
Diploma in Science Ed (Chemistry and Mathematics), Kenya Science Teachers' College, Kenya	1983
<ul style="list-style-type: none">◦ Graduated with Credit◦ Minor in Phys. Ed	

Academic Appointments

The College of New Jersey

Assistant Professor	2014 - present
<ul style="list-style-type: none">◦ Prepared coursework and presented lectures to 61 nursing students in Medical Surgical Nursing.	

Kagumo Teachers' Training College, Nyeri, Kenya

Associate Lecturer	1993 - 1996
<ul style="list-style-type: none">◦ Prepared teacher trainees for a career in teaching Chemistry and Math◦ Taught, supervised and supported adult teacher trainee students◦ Organized and implemented academic activities◦ Supervised and advised students on teaching practice internships	

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Alliance Girls High School Starehe Boys' Center Mutige High School, Kenya

Certified Teacher

07/1983 - 1993

- Prepared high school students for college in Chemistry and Math
- Supervised boarding students and coached field hockey
- Provided guidance and counseling for adolescent students
- Administered and marked national examinations
- Worked in teams with teachers, school administrators, student services personnel

Work Experience

New Jersey Education and Cancer Detection Program, NJCEED

Cancer Screening Practitioner

05/2014 - present

- Community breast exams, PAP smears, prostate cancer screening

Trenton Pediatric Clinic

Nurse Practitioner, MSN FNP-c

10/2013 - present

- Managing preventive care concerns of uninsured and under-insured pediatric clients from age 5-17 including immunizations, school physicals, sports clearance as a volunteer NP
- Maintenance care of common conditions in this population

Hitops Inc, Princeton NJ

Nurse Practitioner, MSN FNP-c

09/2012 – 11/2014

- Managing primary care concerns of adolescents and young adult males and females ages 13-29 including physical assessments, sports physicals, screenings, STD diagnosis and treatment, performing and interpreting diagnostic tests, diagnosis and management common conditions, interventions, counseling, and prescription of medications including contraception management
- Performing procedures including PAPs and pelvic exams, placement of Mirena IUD and Nexplanon, phlebotomy and diagnostic tests
- Coordination of referrals for follow-up with specialists as needed
- Provided vaccinations and preventive care education to patients ages 13-29
- Ordered supply of vaccines and maintained storage at appropriate temperatures; ordered clinic supplies and lab supplies for common lab tests for efficient day to day functioning
- Participated in community programs and health fairs related to preventive care including blood pressure screenings, breast exams, HIV and STD education

Deborah Heart and Lung Center, Browns Mills NJ

Critical Care RN

01/2008 – 01/2012

- Managing patients with cardiac disease including acute myocardial infarction, heart failure, hemodynamic instability; respiratory compromise including COPD exacerbation, asthma, vented patients post-surgery; vascular disease including DVT, chronic limb ischemia, post-amputation; various chronic conditions including diabetes, hypertension, a-fib
- Coordination of various professionals in patient care team

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- Support and education of families with critically ill relatives in the MICU
- Supervised nursing assistants in care of critical patients

University Medical Center at Princeton, Princeton NJ

RN Intern

07/2007 – 01/2008

- Provided nursing care in the ICU/CCU, ED, Telemetry units

Community Service

- 2014: NJCEED
- 2013: Trenton Pediatric Clinical
- 2013: HiTOPS marathon fundraiser
- 2012-2014: Blood pressure screenings for New Hope Church of God community program
- Mercer County Medical Reserve Corps
- Trenton Pediatric Clinic as volunteer NP

Licensure & Certifications

- New Jersey: Advanced Practice Nurse (APN)
- New Jersey: Registered Nurse (RN)
- New Jersey: Drug Enforcement Administration (DEA)
- New Jersey: Controlled Dangerous Substances
- American Heart Association BLS for Healthcare Providers
- American Nurses Credentialing Center: Family Nurse Practitioner

Professional Affiliations

- American Association of Nurse Practitioners (AANP)
- American Association of Critical Care Nurses (AACN)
- State Nurse Association (NJSNA)
- Sigma Theta Tau (Honor Society of Nursing)

Awards

- Graduate Student Award 2011

Clinical Skills

Primary Care

- Occupational health Princeton Med Center
- Pediatric Clinic Princeton Med Center
- Adolescent Clinic HITOPS Inc
- Center for Women's Health Capital Health Hamilton
- Prenatal care VNA-Asbury Park
- St. Peter's Univ. Hospital How Lane Outpatient Clinic
- Primary Care Capital Health Hamilton

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Critical Care Nursing MICU

- Care for patients with acute and chronic illness; Acute MIs, heart failure, hemodynamic instability, mechanically ventilated patients in various stages of respiratory compromise.
- Care for post-surgical/procedure patients including CABG, open heart surgery, vascular surgery, cardiac catheterization, pacemaker insertion.
- Use of Electronic Medical Record to coordinate patient care

Languages

- English: Fluent
- Kiswahili: Fluent
- Kikuyu: Fluent
- Spanish: Introductory